



FIREWORKS, FUN, AND SAFETY TIPS

As we gear up for pool party season and celebrate the 4th of July, let's make safety our biggest splash! Whether you're diving into the fun or relaxing in the sun, remember to stay vigilant, stay hydrated, and have a blast—safely. Here's to a summer full of unforgettable memories and safe, sunny days by the pool!



SPLISH, SPLASH & STAY SAFE: 9 ESSENTIAL SAFETY TIPS FOR YOUR POOL PARTY

As you plan your perfect poolside gathering, safety should always come first. Water safety is essential to ensure everyone has a fun, memorable, and accident-free experience.

Here are some key tips to keep your pool party safe and enjoyable for all ages:

Supervision:

Always have a designated adult or lifeguard actively watching swimmers, especially children.

Learn CPR:

Ensure at least one adult present knows CPR in case of emergencies. [Click here for an online course!](#)

Set Rules:

Establish and enforce pool rules such as, no running, no diving in shallow areas, and no rough play.

Swim Skills:

Make sure non-swimmers stay in shallow areas and wear appropriate



floatation devices if needed.

Limit Alcohol:

Avoid excessive alcohol consumption around the pool, as it impairs judgment and coordination.

Secure the Pool:

Use barriers, covers, or alarms to prevent unsupervised access when the pool is not in use.

First Aid Kit:

Keep a well-stocked first aid kit nearby for minor injuries.

Weather Awareness:

Keep an eye on weather conditions and evacuate the pool immediately if thunderstorms or lightning occur.

Hydration and Sun Protection:

Encourage drinking water and using sunscreen to prevent heat exhaustion and sunburn.

[Click here for a water safety guide](#)

JULY STAFF SPOTLIGHT



ALEX

Alex is teaching Fast Track at our Long Beach location July 28th-August 15th, Monday-Friday, 2pm-6pm.

How would you describe your teaching style?

I would describe my teaching style as whole method, where I have a grand goal for the student and focus on small aspects of their skills until they can appropriately integrate it to a complete form.

What's your greatest strength as a teacher?

My greatest strength as a teacher is forming a strong connection with the students. I find that students enjoy swimming much more when time with me becomes fun and rewarding.

What do you love about teaching?

I love getting to experience all the different personalities of the students while watching them grow. They always make me laugh, help me better myself, and give me a different perspective on life whenever I work with them.

How do you plan to spend your 4th of July?

I plan to spend the 4th with friends and family especially excited to see old friends coming back from their far away colleges.



GINNY

Ginny is teaching Fast Track at our Los Alamitos location August 4th-August 21st, Monday-Thursday, 8am-3pm.

How would you describe your teaching style?

I teach with Gentle Persuasion, generally with an emphasis on persuasion. However, I want to personalise the instruction based on the desires and expectations of the parent or the adult student.



What's your greatest strength as a teacher?

I draw from my extensive experience as a competitive swimmer, swim teacher and parent. I am fortunate to have learned invaluable skills and strategies from the many accomplished and talented teachers with whom I have worked and trained over the past fifty plus years.

What do you love about teaching?

I love the bonds that I create with the children and have been privileged multiple generations of the same families.

It is still magical for me to see swim students surprise themselves when they become independent on a new swim skill. I love the pure joy and pride I see on their faces as

well as their parents.

Teaching non-swimming and fearful students to transition from tears to cheers as they become confident and competent swimmers is like giving them a super power that will benefit them for life.



How do you plan to spend your 4th of July?

I plan to enjoy family time with my two daughters, their husbands and my grandkids ... most likely in the ocean.

To learn more about Fast Track or to enroll with Alex or Ginny, click here!

UPCOMING EVENTS:

Fourth of July Closure:

Watersafe will be closed on Friday, July 4th and Saturday, July 5th. We will resume normal business hours on Sunday, July 6th.

[Click here for a reminder of our holiday closure policy.](#)

July Achievement Meet:

Showcase your student's swim skills in this fun introduction to swim meets! Enrollment is available for all ages and all skills! Sunday, July 13th in Los Alamitos, 3pm-4pm or 4:30pm-5:30pm.

[Click here to enroll online for the July Achievement Meet](#)

Underwater Photoshoots:

Flashpool Productions will be visiting Watersafe Los Alamitos on Saturday, July 12th 9:00am-12:30pm for underwater photoshoots with your swimmers!

[For more information or to book a session, click here](#)